“ESSENTIALS” BABY CHECKLIST

SLEEP
- ☐ Crib or bassinet
- ☐ 1 or 2 fitted sheets
- ☐ Swaddle or wearable sleep sack

CLOTHING
- ☐ Sleepers
- ☐ Onesies
- ☐ Pants
- ☐ Jacket/sweatshirt/coat
- ☐ Socks

It’s ok not to buy much ahead of time; it can be hard to predict how quickly baby will grow.

TRANSPORTATION
- ☐ Infant car seat or convertible rear-facing car seat
- ☐ A stroller and/or baby carrier

DIAPERS AND WIPES
- ☐ Diapers (1-2 boxes of newborn and size 1)
- ☐ Wipes
- ☐ Diaper rash cream

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FEEDING
- If nursing:
  - ☐ Clothing you can comfortably nurse in
  - ☐ Disposable or reusable nursing pads
  - ☐ Nursing pillow (optional)
- If formula feeding:
  - ☐ Formula
  - ☐ Bottles
  - ☐ Bottle cleaning brush
  - ☐ Distilled or purified water
- If pumping/feeding expressed milk:
  - ☐ Bottles
  - ☐ Bottle cleaning brush
  - ☐ A pump (manual or electric)

FIRST AID AND GROOMING
- ☐ Baby burp cloths or prefold cloth diapers (for spit up and messes)
- ☐ Nail scissors, clippers, or file
- ☐ Nasal aspirator or bulb syringe
- ☐ Pain reliever/fever reducer (always talk with your baby’s doctor before giving them medicine)
- ☐ Infant tub, towel/washcloth, baby wash

Need help deciding how many of each item to buy? Check out
http://www.thebump.com/a/checklist-baby-essentials