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# STP Alumni Newsletter

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## Wave 5 Begins!

As many of you know, the summer program follow up study was reviewed very favorably at the National Institutes of Health last year, result-

ing in our receiving funding that will enable us to continue the study for five more years. One of the reasons the review was so favorable was that so many families have continued to participate in the study annually for the first four years. There are 600 families participating in the study and so far, only 12 have decided to drop out. Maintaining such a large percentage of families over time makes it a more powerful study—which means that more of our research questions can be answered. So, our sincere thanks to all of you who have helped the study become a success!

The second part of the study will not be a lot different than the first part. Prior to your 5<sup>th</sup> visit, we will go through the informed consent process with each of you—either in person or by phone, just as we did at the start of the study. This process will let you know what to expect for the second part of the study and will introduce you to the new format of the consent forms. These forms have been revised to comply with HIPAA—the new Health Insurance Portability and Accountability Act, which many of you may have come into contact with in your work place or doctor’s office.

The second part of the study will involve five annual interviews over five years. We anticipate starting our first Wave 5 interview in October. In the next few weeks, we will be sending letters to those of you who are ready for your Wave 5 interview—those folks who had their Wave 4 interview last fall.

The length of the interviews will remain about the same. We anticipate that parent interviews will take about 3 hours

September  
2003

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to complete, except for parents of 18 year olds, whose will take a bit longer. Similarly, the teenager and young adult visits will be about 4 hours long, except for 17 and 18 year olds, whose visits will take about 6 hours to complete. The visits are longer for 17 and 18 year olds because we add adult questionnaires and testing to their visit that they had not previously completed. We also have parents of 18 year olds complete some additional questionnaires.

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# Wave 5 Begins!

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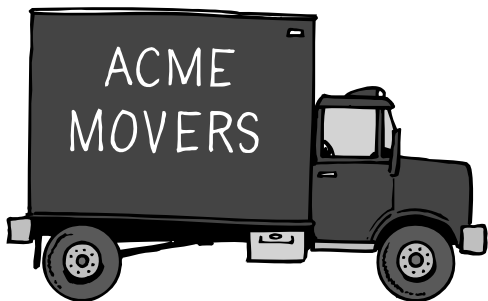
Now the news you have all been waiting for-- *we are pleased to let you know that we will be able to pay everyone more money than we have during the first part of the study!* The payments for the second part of the study will be as follows:

	Length of Visit	Payment	Total Possible Payment
Kids: 17 & 18	About 6 hours	\$150 + \$50 Bonus	<b>\$200</b>
All other Kids	About 4 hours	\$100 + \$50 Bonus	<b>\$150</b>
Parents of 18 Year Olds	About 3 ½ hours	\$100	<b>\$100</b>
All Other Parents	About 3 hours	\$75	<b>\$75</b>

Once again, for all former children (now adolescents and young adults) in the study, we will be offering a special bonus to those who keep their first scheduled appointment. The length of time that it takes someone to finish up his or her visit varies, and we have estimated the time for length of visit based on our averages. If you have finished up more quickly than expected in the past, it is likely that this will continue to be the case. In addition to the increased payments for visits, we will also be able to increase our parking reimbursement to \$7.00.

If you have any questions about the continuation of the study, please feel free to contact Brooke Molina at (412) 383-9895 or Tracey Wilson at (412) 624-5625

**We look forward to seeing you all at Wave 5!!!**



If you have moved, plan on moving or changed your telephone number, please contact Joanne at (412) 624-4633 to provide us with updated information.



## Introducing the CONCERTA "I See Success" ADHD Scholarship Contest!!!

Nominate a child today! Over \$250,000 in scholarships available.

Your child could win \$10,000 for his or her education.

**Three Age Groups: 6-9, 10-13, 14-18 yrs.**

### **How to enter the CONCERTA® I See Success ADHD Scholarship Contest.**

In order to enter a child into the CONCERTA® I See Success Scholarship Contest, follow the easy steps below.

Step 1: Complete official entry form available online at [www.concerta.net](http://www.concerta.net)

Step 2: Write an essay about your nominee of no more than 250 words, counting all words (a, the, if, and, etc.).

Step 3: Have child's legal guardian sign entry form if child is under 18. If child is 18, he/she must sign the form.

Step 4: Have child's physician sign entry form verifying an ADHD diagnosis.

Step 5: Mail entry form and essay to CONCERTA® Scholarship Contest, PO Box 14024 Bridgeport, CT 06673-4024.

### **THE ESSAY**

On a separate piece of 8.5" x 11" paper, the Nominator must write an original essay of no more than 250 words about the child you are nominating and why you think he/she deserves to win an I See Success Scholarship. Describe in detail:

- The Nominee's challenges brought about by ADHD
- The steps taken to help the Nominee overcome these challenges
- The Nominee's progress or growth in academics, self-esteem, interpersonal skills, relationships and/or extra-curricular activities

**For more  
information, please call  
1-888-440-7903 or visit  
[www.concerta.net](http://www.concerta.net)**

**Scholarship funds held in  
an account at:**



## A New Medication for ADHD!

In late 2002, Eli Lilly and Company began to market the drug atomoxetine under the brand name Strattera. Strattera is approved by the Food and Drug Administration for the treatment of ADHD in children, adolescents, and adults. Clinical trials have shown Strattera to be more effective than placebo although it's relative efficacy versus stimulants such as methylphenidate (Ritalin, Concerta, Metadate), dextroamphetamine (Dexadrine), or mixed amphetamine salts (Adderall) has not been established. Generally, Strattera can be given once a day although some clinicians have used it twice a day. It appears to provide coverage throughout the day, into the evening, and even upon awakening in the morning. Strattera has a different mechanism of action from the stimulant-like drugs that have been used to treat ADHD as it acts on the neurotransmitter norepinephrine. Because Strattera does not appear to have a potential for abuse, it will not be classified as a controlled substance and can be called in by doctors and refills provided. Common side effects of the drug include decreased appetite, upset stomach, nausea or vomiting and tiredness. In addition to these adverse effects, some of the most common side effects in adults were problems sleeping, dry mouth, dizziness, and sexual side effects.



Like other medications for ADHD, Strattera may not work for everyone but it is an important addition to your doctor's toolkit for the treatment of ADHD.

For additional information regarding Strattera, visit Eli Lilly's website at <http://www.lilly.com/products>



### ***Important Study Phone Numbers!***

**Tracey Wilson**

Program Coordinator

(412) 624-5625

**Joanne Bethune**

Sr. Administrative Assistant

(412) 624-4633

**Brooke Molina, Ph.D.**

Principal Investigator

(412) 383-9895

If you need to change or cancel a study appointment, please call **(412) 624-4633**. The answering machine is checked seven days a week!

# BACK TO SCHOOL

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## FIND THE HIDDEN WORDS

FOOTBALL GAME

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HOMEROOM

NOTEBOOK

LOCKER

TARDY

Brooke Molina, Ph.D.  
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Pittsburgh, PA 15213

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Address Correction Requested